

LUNCH MENU

GOURMET SANDWICHES

ask about our daily specialty sandwiches, too!

st. andre cheese, sliced pears and greens candied walnut spread
served on walnut wheat bread \$9.25

grilled portobella mushroom

roasted peppers, spinach & feta on ciabatta bread \$9.25

tri-tip

carmelized onions, greens & caper-mayonnaise
served on torpedo roll \$12.25

fresh Crab sandwich

tossed lightly in aioli sauce with lettuce, tomato
& onion \$15.95

fried chicken breast

topped with spicy pineapple coleslaw on
a sourdough torpedo roll \$12.95

chicken phylli sandwich

Sautéed chicken breast with onion, jalepeno & mixed cheese served
in a french roll \$12.95

BLAT

bacon, lettuce, avocado & tomato
with chipotle aioli on toasted thick texas toast

\$11.25

Roast turkey with cranberry aioli, tomato, onion, cucumber
on whole wheat bread \$ 11.25

GOURMET SALADS

tululah salad-\$9.75

romaine leaves, mandarin oranges, jicama,
dates & almonds

artisan chopped salad -\$14.25

romaine, roasted chicken, maple bacon,
Cherry tomato, cucumbers, sliced egg, blue cheese
crumbles & diced red onion

caesar salad-\$11.75

with roasted peppers, spicy pumpkin seeds
cherry tomato & shaved parmesan

fish taco salad-\$14.75

mixed greens, wild rice, fresh salmon,
cilantro, red cabbage & tortilla chips

thai salad-\$12.95

mixed greens, basil, cilantro, red cabbage
cucumber, baked tofu, sunflower seeds & lime

artisan bowl-\$14.25

mixed greens, wild rice, toasted almonds, jicama,
raisens, maple butternut squeeze & roasted chicken

artisan chicken pot pie of the day \$12.25

artisan quiche of the day-bacon or vegetarian \$10.75